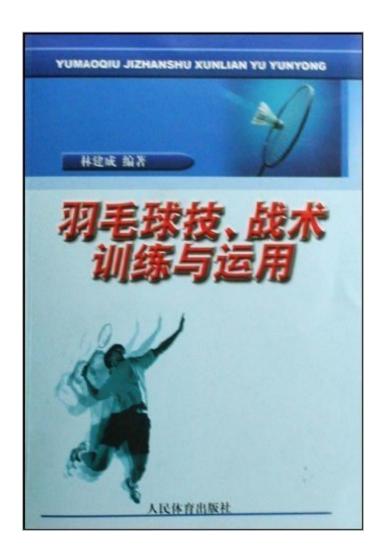
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Badminton Techniques: Tactic Training And Application (Chinese Edition)





Synopsis

It is a practical summary of over forty years badminton playing, also with experience and lessons from generations of professional badminton players. It mainly introduces to you basic techniques, tactics, tactic consciousness of badminton, and principle and requirements for guidance on the spot of badminton matches. It is not only useful for physical teaching, but for relevant work on badminton or research on it. Whats more, it has an important reference value to badminton coaches, too.

Book Information

Paperback: 314 pages

Publisher: People's Sports Press (January 4, 2009)

Language: Chinese

ISBN-10: 7500935854

ISBN-13: 978-7500935858

Product Dimensions: 8.2 x 5.7 x 0.6 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

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Best Sellers Rank: #5,533,260 in Books (See Top 100 in Books) #60 in Books > Sports &

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